

Amber Mikesell



Summary

Amber is a leader in the field of human transformation, receiving international recognition as a Master Life & Health Coach. Along with her private practice, she is the founder of Suivera, a nonprofit multi-faith organization whose mission is to create a global movement of love.

As a coach and educator, Amber has traveled the world and supported over one million individuals and organizations in more than 80 countries. Her approach begins with self-love as the foundation, allowing that love to build from within and radiate out to the world. Her heart-centered program empowers individuals to witness how a healthy sense of self-love can heal on multiple levels; not only for the individual practicing self-love, but also for their families, social circles and the communities they foster.

Amber's education includes in-depth studies in world religion, world cultures and social science. She holds multiple certifications in health and wellness including Ayurveda, Traditional Chinese Medicine, multiple forms of Meditation, Kinesiology, Traditional Vedic Yoga, Holistic Nutrition, Plant-Based Nutrition, and many more. She has a Bachelors in Organizational and Interpersonal Communication and a Masters in Quantum Sciences.

To learn more about Amber and her mission of love with her fellow team at Suivera, visit them online at suivera.org To watch her as she hosts The Heart Leader Podcast, visit suivera.org/the-heart-leader-podcast

Skills

- Large scale team leadership
- Project and program management
- Nonprofit leadership
- Organizational & interpersonal communication
- Technology development & testing
- Executive level management
- Excellent high pressure decision making skills
- Flexible in the workplace

Career Highlights

- Internationally recognized Author (*Opportunities for Expansion*) & Integrative Health Practitioner
- Founder of Nonprofit Multi-Faith Organization Suivera™
- Founder & Host of The Heart Leader™ Podcast
- Founder & Conference Chair of Choices in IT Conference - Columbus, OH
- Founder & Former President of Ohio Nonprofit Mid Ohio Filmmakers Association
- Co-Chair of the Inaugural Arnold Schwarzenegger Sports Film Festival

Career Experience

SEPTEMBER 2018 - PRESENT

Suivera™ - Scottsdale, AZ - Founder & Podcast Host

- Establish first of its kind nonprofit all-faiths organization dedicated to a global movement of love - establishing all necessary frameworks for success
- Active Founder, as well as podcast host for The Heart Leader™ Podcast
- Serves as primary decision maker on strategic initiatives
- Continually lead organization in forward direction, establishing strong teams and community outreach programs that support the Suivera™ Mission
- In first year, built a global community of over one million participants across 86 countries through social media by utilizing short-form, free, interactive content and email campaigns
- Continuing to build growing community during challenging and divisive times utilizing love as the common language

MAY 2015 - PRESENT

Private Practice - Scottsdale, AZ - Owner/Practitioner

- Provide integrative health and wellness coaching services
- Hold wellness consultations, providing initial wellness strategies and gathering baseline data
- Implement alternative healing practices leveraging Ayurvedic and Traditional Chinese Medicine methods and personalized approaches
- Coach individuals in personal, business, athletic and spiritual development by leveraging hands-on tools and techniques that are personalized and specific in achieving their goals
- Lead group meditations, health & wellness classes and certification workshops

MARCH 2017 - NOVEMBER 2019

StraightShooter, LLC - Scottsdale, AZ & Sydney, Australia - Co-Founder, President & CEO

- Key member in launching newly developed golf training aid, taking it from concept to market
- Key member in obtaining international patents and trademarks
- Assisted in redesign of initial design for both ergonomic and financial improvements
- Established team that built global marketing initiatives
- Continually led organization in forward direction, making decisions on key strategic and financial initiatives



MARCH 2010 - MARCH 2015

Mikesell Productions, LLC - Scottsdale, AZ - Owner

- Served as Producer or Line Producer on sets, where responsibilities included:
 - preparing production budget
 - financial negotiations for equipment procurement
 - establishing preliminary shooting schedule
 - hiring the crew (except for those hired by the director)
 - approving all production expenditures
 - negotiating crew salaries and approval of time cards
 - negotiating equipment procurement (while attempting to use the preferred vendors)
 - review and approval of daily "call sheet" and "production reports"
- Also served as on camera talent

MARCH 2008 - MARCH 2010

Nationwide Insurance - Columbus, OH - AVP IT Applications

- Restructured the IT Analysis Profession from four separate professions to a single profession, reducing costs and redundancies while gaining multiple efficiencies
- Consolidated vendor relationships, realizing operational efficiencies
- Established and implemented the use of Agile Methodologies throughout organization
- Established Business Case and Benefits Realization Models to propose, approve and track IT improvement initiatives and delivery

JUNE 2005 - MARCH 2008

Solution Delivery Partners, LLC - Columbus, OH - President & CEO

- Organization founder - bringing Quality Assurance & Software training to the region
- Directed leaders of sales, training, marketing and corporate operations
- Monitored and took corrective action on operating data and business metrics
- Ensured the successful execution of major capital expenditure programs
- Execution of all tactical aspects of the business plan
- Ensured all Human Resource programs, compensation and benefit plans support key initiatives
- Spoke at local and national conferences and public and events

2000 - 2005

CompuServe/America Online - Columbus, OH - Technical Manager

- Led large and small scale teams through product launches (Netscape, Walmart and CompuServe products), including software concept, development and testing
- Served as primary in resource forecasting



- Executed the first offshore initiative in Columbus division to successfully achieve corporate mission
- Set direction for new Quality Engineering department integrating Development, Quality Engineering and Operations teams

1996 - 1999

Battelle Memorial Institute - Columbus, OH - Project Specialist

- Served on the ISO 9001 creation and implementation team - resulted in successful ISO certification
- Troubleshoot areas of difficulty within the Quality System, working with team to develop resolution and update Quality System where necessary
- Trained management and technical staff on ISO Quality System
- Assisted with project costing and planning, wrote monthly reports, held team meetings and facilitated the project schedule
- Coordinated project development schedule with the Quality System requirements to ensure on-time completion of deliverables
- Performed software and hardware testing - developed failure reports, compliance reports and designed checklists for testing
- Designed and built Battelle's Treasury Service and Travel web sites and database for tracking project purchases and project status

Education

University of Technology - Jaipur, India

Masters in Quantum Sciences

Otterbein University - Westerville, OH

Bachelors in Communication (Organizational & Interpersonal)

Arhanta International - Khajuraho, India

International Yoga Instructor & Ayurvedic Practitioner



Certifications

- Ayurveda (health & wellness practitioner)
- Master Life Coach
- Health Coach
- Holistic Nutrition Coach
- Plant Based Nutrition Coach
- Nutritionist
- Kinesiologist
- Herbologist
- Hypnotherapist
- Meditation Practitioner
- Mindfulness Instructor
- Reiki Master Teacher
- Master Level Sound Healer
- Internationally Certified Yoga Instructor (E-RYT200 & YACEP)
- Internationally Certified Barre Instructor
- Certified Personal Trainer
- Expert Level CPR & First Aid

Recognitions & Awards

- Invited and served on the International Institute of Software Testing's (IIST) Advisory Board
- Quality Assurance Institute (QAI) Worldwide recognized and honored for vision in technology industry
- Recognized for leadership and innovation in Exploratory Testing/Agile Methodologies - Association for Software Testing
- Multiple certifications in Software Quality Assurance & Engineering from QAI Worldwide & IIST
- Inventor holding International Design & Utility Patents in the United States, Europe, Japan & Australia

Community Service

- Meals On Wheels Volunteer
- St. Vincent de Paul Volunteer
- Feed My Starving Children Volunteer
- UMom & Sojourner Center Community Collections Drive Coordinator
- 7th Street Food Pantry & Outreach Center Volunteer
- Scottsdale Area High-Functioning Adults With Autism Group (original founder)
- The Spiritual Development Group (organizer)

